

# Oral Typhoid Vaccine



*Vaccination is good protection*



This vaccine protects against typhoid and its complications. It is recommended for people travelling to areas where there is a high risk of contracting typhoid due to prevalence of the disease and poor sanitation.

	<b>Typhoid is spread by:</b>	<b>Typhoid causes:</b>	<b>Possible complications:</b>
<b>DISEASE</b>	<ul style="list-style-type: none"> <li>Contact with food or water contaminated by the stool of a person with typhoid</li> </ul>	<ul style="list-style-type: none"> <li>Fever</li> <li>Headache</li> <li>Abdominal pain</li> <li>Constipation</li> <li>Slow pulse</li> </ul>	<ul style="list-style-type: none"> <li>Death (1% of cases treated)</li> </ul>

## VACCINE

Vaccination is the best protection against typhoid and its complications. You must take all the doses of the vaccine in order to have the best possible protection. If the risk of typhoid is ongoing, a booster dose should be administered every 7 years.

In addition to being vaccinated, it is important not to consume contaminated food or water and to follow basic hygiene practices (washing your hands and disinfecting objects that may have been contaminated by stool).

The vaccine comes in the form of 4 capsules that have to be refrigerated.

The vaccine must be taken on an empty stomach at least 2 hours after a meal and 1 hour before the next meal.

The oral typhoid vaccine is safe. In most cases, there are no unpleasant reactions. Symptoms experienced after vaccination are not necessarily caused by the vaccine.

	<b>Possible reactions to the vaccine:</b>	<b>What to do:</b>
<b>REACTIONS</b>	<ul style="list-style-type: none"> <li>Vomiting, diarrhea, abdominal pain, fever, headache or skin rash (1-9%)</li> </ul>	<ul style="list-style-type: none"> <li>Take acetaminophen or ibuprofen for temperature of 38.5°C or higher</li> <li>Take the vaccine one week before departure to ensure you are fit to travel</li> <li>See a doctor if symptoms are severe</li> </ul>
	<ul style="list-style-type: none"> <li>As with any drug or biological product, an allergic reaction may occur</li> </ul>	<ul style="list-style-type: none"> <li>See a doctor immediately</li> </ul>

If you have any questions, ask the person administering the vaccine or contact Info-Santé (8-1-1) or your doctor.

