

ETEC Diarrhea and Cholera Vaccine



« Vaccination is good protection »

This vaccine protects against diarrhea caused by enterotoxigenic *Escherichia coli* (ETEC) and cholera. The ETEC bacteria is found in the stools of 20-40% of travellers suffering from diarrhea. Travellers rarely contract cholera. This vaccine is recommended for people travelling to regions where there is a risk of contracting these infections.

	Cholera	ETEC Diarrhea
DISEASES	Cholera is spread by: <ul style="list-style-type: none"> Contact with water and food contaminated by the stool of a person with cholera 	ETEC diarrhea is spread by: <ul style="list-style-type: none"> Contact with water and food contaminated by the stool of a person infected with ETEC
	Cholera causes: <ul style="list-style-type: none"> Diarrhea Dehydration 	ETEC diarrhea causes: <ul style="list-style-type: none"> Diarrhea
	Possible complications: <ul style="list-style-type: none"> Death 	Possible complications: <ul style="list-style-type: none"> Dehydration

VACCINE

Vaccination is one of the ways to protect against ETEC diarrhea and cholera. All doses of the vaccine must be taken for maximum effectiveness. If the risk is ongoing, a booster dose may be administered at various intervals based on age and the disease concerned.

The best protection against ETEC diarrhea and cholera is not to consume water or food that may have been contaminated and always adhere to basic hygiene practices (wash your hands and disinfect items that may have been in contact with stool).

The vaccine comes in the form of a vial containing the vaccine (liquid) and a pouch of buffer (granules). Prepare the vaccine as follows:

1. Dissolve the contents of the pouch in approximately 150 ml of cold water.
2. Shake the vial of vaccine and add it to the buffer solution (150 ml). For children aged 2 to 6, use only half the buffer solution (75 ml) and add all the vaccine.
3. Shake well and drink immediately.

The vaccine must be kept refrigerated. You must not eat or drink for 1 hour before taking the vaccine, and for 1 hour afterwards.

The ETEC diarrhea and cholera vaccine is safe. Most reactions are harmless and do not last long. Symptoms experienced after vaccination are not necessarily caused by the vaccine.

	Possible reactions to the vaccine:	What to do:
REACTIONS	<ul style="list-style-type: none"> Diarrhea or abdominal pain (10-49%) Fever, fatigue, nausea, vomiting or headache (1-9%) 	<ul style="list-style-type: none"> See a doctor if symptoms are severe Take acetaminophen or ibuprofen for temperature of 38.5°C or higher See a doctor if symptoms are severe
	<ul style="list-style-type: none"> As with any drug or biological product, an allergic reaction may occur. 	<ul style="list-style-type: none"> See a doctor immediately

If you have any questions, ask the person administering the vaccine or contact Info-Santé (8-1-1) or your doctor.

